



The Hervey Bay

School of Yoga

Monday

4.00 - 5.30 pm	Community class (free)	Russell
6.00 - 7.30 pm	General	Polly

Tuesday

9.30 - 11.00 am	Seniors (60+)	Vera
6.00 - 7.30 pm	8 week introductory course commencing 20 October Booked places only—no drop in	Polly

Wednesday

9.30 - 11.00 am	All levels	Vera
5.30 - 7.00 pm	Beginner (3 months + experience)	Polly

Thursday

9.30 - 11.00 am	Seniors (60+)	Vera
6.00 - 7.30 pm	Restorative, Pranayama and meditation	Polly

Friday

9.30 - 11.00 am	Beg/General	Polly
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Saturday

8.00 - 9.30 am	Beginner/General	Polly
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Create space for your self

Timetable and Pricing

October 19 to end of year December 11 2020

Purchase options	Conditions of purchase	Cost	Per class equivalent
20 class card	Valid for 10 weeks and not transferable	\$250.00	\$12.50/class
15 class card	Valid for 5 weeks and not transferable	\$187.50	\$12.50/class
10 class card	Valid for 5 weeks and not transferable	\$165.00	\$16.50/class
5 class card	Valid for 5 weeks and not transferable	\$99.00	\$19.80/class
Single class		\$22.00	
8 week course	Booking essential	\$100.00	\$12.50

Yoga for children and teens: Term bookings only commencing Monday 19 October 8 week term

12 - 15 Teens	Monday 4.00 - 5.30pm	\$99
8 - 12 years	Thursday 4.00 - 5.00pm	\$88
4 - 7 years	Tuesday 4.00 - 4.45pm	\$66

Early morning immersion weeks

11—15 and 18—22 January open for booking

6.00—7.30am Monday to Friday

\$100 for 1 or \$150 for both. Book early